

**Salem Democratic  
Town Committee**

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# NEWSLETTER

**GUN VIOLENCE**

***U.S. Mass Shootings in 2023***

2023 Year to Date*	Mass Shootings	Deaths	Injuries
<b>TOTALS</b>	<b>202</b>	<b>283</b>	<b>785</b>
May*	15	29	49
April	56	59	233
March	39	59	138
February	40	48	153
January	52	88	212

Data through May 7<sup>th</sup>.

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**SALEM AND THE SDTC NEEDS YOUR HELP**

We are asking anyone who is interested in serving Salem in an elected or appointed position to please contact T. J. Bucher at [t.j.butcher@att.net](mailto:t.j.butcher@att.net) or attend the next meeting of the SDTC on May 31<sup>st</sup> at 7:00 PM at the Center School on the Town Green. **See page 2 for more information.**

**THE SDTC IS PLANNING A FUND RAISER**

The SDTC is planning a fundraiser to be held at the historic Bingham Camp Sunday, June 11<sup>th</sup>, from 4 PM to 6 PM. See page 3 for more information.

**OPINION**

***Land Conservation and Climate Change***

The Salem Democratic Town Committee (SDTC) members have supported conservation of Salem's outstanding natural resources over the years by serving on the Planning and Zoning Commission and nominating candidates for serving the Town by implementing its goals. The Commission has written and approved the Town's Plan of Conservation and Development. The plan recognizes the importance of natural areas to protect wildlife, maintain clean air and water, improve soil health, protect threatened species and habitats, and sustain a remarkable diversity of plants and animals.

Several of the members have also served on the board of the Salem Land Trust (SLT), which has acquired hundreds of acres of forests and meadows in preserves that will protect the land in perpetuity. The preserves provide many miles of trails for hiking, education and a renewed connection of people with nature which is important for mental health.

Recently, the SLT received a funding grant from the Community Foundation of Eastern Connecticut to help acquire a new preserve, land that has been kept wild and undeveloped by the Stahlschmidt family for generations. This is a major new area of community support from the Foundation.

Although the Foundation has always focused on social justice and support issues, it is increasingly clear that saving forests from development and sprawl has a direct beneficial effect in preventing greater global warming that adversely impacts neighborhoods that have limited means to adapt to climate change. What we can do in Salem to protect natural areas is important to their mission, for clean air, clean water, and mitigation of climate change.

Members of the Salem community who worry about climate change and its impacts on the world at large can take heart that much is being done locally to protect our local region from the adverse impacts of sprawl and greenhouse gas emissions. Saving our natural areas not only preserves our local community from adverse development, but helps take carbon out of

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**SDTC Fundraiser, June 11<sup>th</sup>** – See page 12.

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the atmosphere and store it in trees and in the soil, improving the environment for all citizens in Eastern Connecticut.

Supporting the Salem Democratic Town Committee, and the Salem Land Trust, can help make a significant step in combating climate change. You can make a difference.

**David Bingham, MD**

**Member, SDTC and SLT boards, and former member of the Salem Planning and Zoning Commission**

**SALEM AND THE SDTC NEEDS YOUR HELP**  
*(continued from page 1)*

***There are only seven months until the election in November!!*** Below are the eight open seats on the various Town Boards and Commissions that we the have no potential candidates identified to run. All other open seats on the Town's Boards and Commissions

Office/Position	#	Office/Position	#
First Selectman	1	Board of Assessment Appeals	1
Selectman	1	Zoning Board of Appeals (Full)	1
Board of Finance (Alternate)	1	Zoning Board of Appeals (Alternate)	1
Planning & Zoning Commission (Alternate)	1	Town Clerk	1

**SDTC ENDORSES CANDIDATES FOR THE NOVEMBER ELECTION**

***The SDTC proudly endorses the following of candidates in the November Election:***

Office/Position	Candidate
Selectman	<i>Leslie Hotary</i>
Board of Finance (full member)	<i>Matt Rucci</i>
Board of Finance (full member)	<i>Kate Belleville</i>
Board of Education (full member)	<i>Sue Spang</i>
Board of Education	<i>Kelly Francis</i>
Planning and Zoning Commission (full member)	<i>Jen Lindo</i>
Planning and Zoning Commission (full member)	<i>Gary Closius</i>
Zoning Board of Appeals	<i>David Bingham</i>
Board of Assessment Appeals	<i>Kay Zak</i>
Library Board of Directors (full member)	<i>Wendy Lichtenstein</i>
Library Board of Directors (full member)	<i>Flora Drapeau</i>
Treasurer	<i>Pamela Henry</i>
Tax Collector	<i>Vivian Waters</i>

**HOW DO I GET A COPY OF THE NEWSLETTER?**

If you would like to receive this newsletter via e-mail, please send your request along with your e-mail address to: Gary Closius: [gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net)

**SDTC CONTACT INFORMATION**

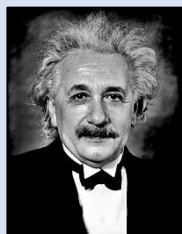
T. J. Butcher – Chairman  
[t.j.butcher@att.net](mailto:t.j.butcher@att.net)

Kay Zak – Vice Chairperson  
[kayzak@hotmail.com](mailto:kayzak@hotmail.com)

Leslie Hotary – Secretary  
[hotaryleslie@gmail.com](mailto:hotaryleslie@gmail.com)

Gary Closius – Newsletter Editor  
[gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net)

*Whoever is careless with the truth in small matters cannot be trusted with important Matters.*



Albert Einstein  
German Theoretical-Physicist  
(1879-1955)

**TOWN OF SALEM LEGAL NOTICE**

**PLANNING & ZONING COMMISSION PUBLIC HEARING**

**MAY 23, 2023 ROOM 1**

POSTED ON: APRIL 26, 2023 - 9:22AM

**TOWN OF SALEM  
PLANNING & ZONING COMMISSION  
TOWN HALL, 270 HARTFORD ROAD  
SALEM, CONNECTICUT 06420**

**NOTICE OF PUBLIC HEARING**

The Salem Planning & Zoning Commission will hold a public hearing on Tuesday, May 23, 2023 beginning at 7:00 p.m. at Salem Town Hall, 270 Hartford Road, Salem, CT 06420. The following applications will be heard: SE 23-02 American Property Group Salem, Inc. Application for a special exception and associated site plan at 496 New London Road for a multi-family residential development proposing 24 two-bedroom, residential units.

At this hearing interested persons may appear and be heard and written correspondence received. The applications with full proposed text are available for viewing on the Salem Town Website at:

<https://www.salemct.gov/planning-and-zoning-commission/pages/pending-app>, and are also on file in the office of the Salem Town Clerk.

**FOR THE COMMISSION**

Vernon Smith, Chairman  
Planning & Zoning Commission

This legal notice shall be published in The Day newspaper on May 11, 2023 and May 18, 2023.

**SALEM DEMOCRATIC TOWN COMMITTEE FUNDRAISER**

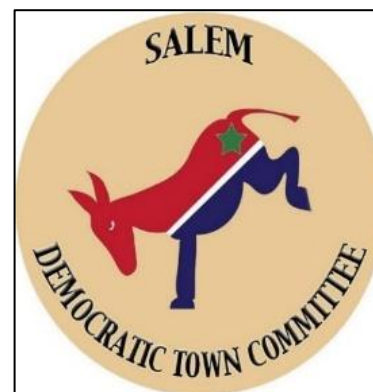
**Mark your calendars.**

The Salem Democratic Town Committee (SDTC) is planning a Fundraiser and Potluck Dinner in support of the SDTC and the candidates for the November 2023 Election. The fundraiser will be held on Sunday, June 11<sup>th</sup>, from 4 PM to 6 PM at the Historic Bingham Camp, 490 East Haddam Rd, Salem CT.

Salem’s very own David Bingham will give a presentation on the history of the Bingham Camp and the Town of Salem. CT Attorney General William Tong may also be in attendance. The SDTC is working with the AG’s staff to bring that to fruition.

***We are asking each member of the SDTC to bring 4 to 8 friends and a dish or two to share along with a suggested donation of \$25. Sponsorship Levels of \$150 \$250 \$500 are also available. This level of support would make this event a great success.***

***Please contact Kay Zak at 631-942-8169, or e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com), or Gary Closius at 860-961-9173, or e-mail: [gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net) regarding your attendance and food choice.***



## **COMMUNITY HELP / ASSISTANCE**

### • **EVERSOURCE ASSISTANCE PLANS**

Check our January newsletter for detailed information on Eversource payment plans and assistance, or use the following link: <https://www.eversource.com/content/residential/account-billing/payment-assistance>. **Be sure click on Connecticut in the upper right corner of the page.** The webpage has information on the following programs:

- Programs To Help Webinar
- Programs For Income-Eligible Customers:
  - Extended Payment Plan
  - New Start Program
- State And Federal Assistance:
  - Connecticut Energy Assistance Program (CEAP)
  - Operation Fuel
- Service Protection:
  - Winter Protection Plan
  - Medical Protection Plan
- Take Control of Your Energy Bill:
  - Budget Billing
  - Home Energy Solutions

### • **THAMES VALLEY COUNCIL FOR COMMUNITY ACTION (TVCCA)**



#### **CONNECTION = Volunteering & Veterans Coffeehouses**

Now more than ever community support is so important and impactful! AmeriCorps Seniors offers the support someone needs to remain living at home. Our volunteers lend a hand with grocery shopping needs, visiting, phone reassurance or local medical rides. If you are 55+ contact us to hear how your help may improve the quality of life of an elderly or disabled person by volunteering to help a neighbor in your community.



Our volunteers are here for the community! Our services are available free of charge to seniors or disabled people that are homebound and need help with grocery shopping, medical rides, and visiting.

**Contact: Renee LaBonte, Program Coordinator of Senior Volunteer Services at 860-425-6608 or e-mail: [rlabonte@tvcca.org](mailto:rlabonte@tvcca.org).**

Visit our website at [www.tvcca.org](http://www.tvcca.org) or [www.facebook.com/TVCCArsvp/](https://www.facebook.com/TVCCArsvp/).

Connect with veterans! TVCCA hosts monthly veteran coffeehouses to meet and socialize with other veterans and their spouses and receive information about veteran benefits and services. We host coffeehouses in Groton, Mystic, New London, Pawcatuck, Norwich, and Montville.

**Contact James Hodge, Veterans Coffeehouse Coordinator at 860-425-6615 or e-mail: [jhodge@tvcca.org](mailto:jhodge@tvcca.org).**

### • **WINTER HEATING AND OTHER ASSISTANCE PROGRAMS AVAILABLE FROM THAMES VALLEY COUNCIL FOR COMMUNITY ACTION, INC. (TVCCS)**

TVCCS provides winter heating assistance among other community assistance services. Use the following link to visit the TVCCA website: <https://www.tvcca.org/energy-assistance/> for more information and a direct link to the application. If you have any questions or need help completing the application form, contact TVCCA at 860-889-1365. Note that not only does TVCCA provide funding for oil, but also for wood. TVCCA also has a Senior Nutrition Program for seniors 60 and over & Volunteer programs for seniors age 55 or over.

**COMMUNITY HELP / ASSISTANCE (continued from page 4)**

- **CARE & SHARE – Website link:** <http://www.careandshareofel.org/>

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic and Salem. *If you are interested in receiving assistance, contact them at 860-739-8502.* Leave a message with your name, telephone number and the type of assistance you are looking for, as well as the best time you can be reached. A responder will confidentially return your call.

- **211 INFOLINE HELP STARTS HERE**

**Call 2-1-1 for your connection to:**

- |   |                        |                      |
|---|------------------------|----------------------|
| - Alzheimer’s resources                 | - Emergency shelter    | - Pre-natal care     |
| - Basic needs – food, clothing, shelter | - Emergency assistance | - Senior services    |
| - Child care services                   | - Financial assistance | - Suicide prevention |
| - Child health care                     | - Health care          | - Transportation     |
| - Consumer health                       | - HIV/AIDS             | - Veteran’s services |
| - Crisis intervention                   | - Housing              | - Volunteering       |
| - Disability services                   | - Legal assistance     | - And much more      |
| - Drug & alcohol programs               | - Parenting programs   |                      |

**COMMUNITY NEWS YOU CAN USE**

- **SUMMARY OF PROPOSED SALEM BUDGET 2023/2024**

The electors and citizens qualified to vote at Town Meetings of the Town of Salem will consider/act on the proposed 2023/2024 Salem Town Budget at the Annual Town meeting. This meeting will take place at the Salem School, on Wednesday, May 3<sup>rd</sup>, at 7:00 PM. (see the 2023/2024 proposed Town Budget below)

**PROPOSED 2023/2024 SALEM TOWN BUDGET**

<b>Department</b>	<b>Budget</b>
100 – Selectman	\$8,060
105 – Salaries	\$1,593,000
110 – Building Official/Sanitarian	\$4,503
112 – Town Clerk	\$16,889
114 – Treasurer/Auditor/BOF	\$41,348
116 – Assessor	\$21,100
118 – Tax Collector	\$13,500
122 – Registrar	\$20,888
126 – Town Counsel	\$84,000
134 – Town Office Operation	\$115,776
135 – Municipal Building Maintenance	\$69,364
138 – Employee Benefits	\$518,000
140 – Utilities	\$181,119
152 – Town Services	\$126,473
157 – Regional Services	\$13,796
158 – Library	\$42,800
210 – Security	\$385,100
220 – Gardner Lake Fire Company	\$2,500

**COMMUNITY NEWS YOU CAN USE (continued from page 5)**

• **SUMMARY OF PROPOSED SALEM BUDGET 2023/2024 (continued)**

<u>Department</u>	<u>Budget</u>
222 – Salem Fire Department	\$187,541
230 – Ambulance	\$28,804
240 – Public Safety	\$177,000
310 – Public Works	\$285,920
410 – Transfer Station	\$202,123
600 – Economic Development	\$1,500
610 – Inland Wetlands Conservation Commission	\$3,600
630 – Planning and Zoning Commission	\$25,600
640 – Zoning Board of Appeals	\$800
645 – Recreation Commission	\$48,472
710 – Municipal Insurance	\$152,135
810 – Unanticipated Expenses	\$1,200
910 – Interest Payments	\$116,875
920 – Principal Payments	\$335,000
925 – Capital Reserve Account	\$2
926 – Open Space Acquisition Fund	\$2
935 – Revaluation	\$1
<b>General Government</b>	<b>\$4,824,791</b>
<b>Board of Education</b>	<b>\$11,304,501</b>
<b>Capital Expenditures</b>	<b>\$1,086,302</b>
<b>Grand Total Expenditures</b>	<b>\$17,215,594</b>

• **TOWN BUDGET APPROVAL CALENDAR**

- Town Meeting to Consider 2023/2024 Budget – Wednesday May 3rd 7:00 PM at the Salem School
- Referendum for 2023/2024 Budget – Wednesday May 10th 6:00 AM – 8:00 PM at the Town Hall.

• **SALEM FREE PUBLIC LIBRARY**

**NEWS & EVENTS**

- **CRAFT SWAP** – Looking to find a new home for your unwanted craft supplies? ***Bring in your craft supplies to the Library April 17<sup>th</sup> – April 30<sup>th</sup>*** and then join us for a craft swap on ***Saturday, May 6<sup>th</sup> from 11 Am – 1 PM***. Your donation might inspire someone else to get creative and try a new hobby.
- **The Friends of the Library Plant Sale Thursday, May 11<sup>th</sup>, 10 AM – 6P M, Friday May 12th, 10 AM – 4 PM, and Saturday, May 13<sup>th</sup>, 10 AM – 2 PM at the Library.** Mostly locally grown: Trees, Shrubs, Perennials, Annuals, Vegetables, Herbs, and House Plants.  
***To donate or help please call Elizabeth Lane: 860-859-1125.***
- **Black Bears of CT – Tuesday, May 23<sup>rd</sup> at 6 PM Presented by Paul Colburn Master Wildlife Conservationist CT DEEP. Sponsored by the Friends of the Salem Library.** Suitable for teens & adults.
- **Growing Mushrooms Outdoors, Saturday, June 3<sup>rd</sup> 11:00 AM – 12:30 PM – Intensive workshop Presented by Mark Gostkiewicz of Tri Lea Gable Farm. Sponsored by the Friends of the Salem Library.** Among the things you will learn will learn are: How to grow Shitake, Oyster, and Wine Cap mushrooms, The lifecycle and needs of fungi, Tools needed, Safety issues, and more. (limited to 10 adults)
- **The Salem Free Public Library offers free and discount museum admission passes.** Use the following link for more information: **<https://www.salemct.gov/library/pages/museum-passes>**.

**TO REGISTER CALL THE LIBRARY AT 860- 859-1130 (some events may be filled or will have limited participation).**

**COMMUNITY NEWS YOU CAN USE (continued from page 6)**

• **THE SOUTHEASTERN CT REGIONAL RESOURCES RECOVERY AUTHORITY (SCRRA)**

SCRRA is the waste management and recycling authority for the twelve member municipalities of East Lyme, Griswold, Groton, Ledyard, Montville, New London, North Stonington, Norwich, Preston, Sprague, Stonington, and Waterford.



**2023 Household Hazardous Waste and Confidential Paper Shredding Schedule.**

- **Saturday, May 6<sup>th</sup> – 9:00AM – 1:00 PM** East Lyme High School, 30 Chesterfield Rd., East Lyme
- **Saturday, June 3<sup>rd</sup> – 9:00AM – 1:00 PM** Colchester Town Hall, 127 Norwich Ave., Colchester
- **Saturday, June 17<sup>th</sup> – 9:00AM – 1:00 PM** Norwich Public Works, 50 Clinton Ave., Norwich
- **Saturday, July 8<sup>th</sup> – 9:00AM – 1:00 PM** Fitch High School, 101 Groton Long Point Rd., Groton
- **Saturday, Aug. 5<sup>th</sup> – 9:00AM – 1:00 PM** Tyl Middle School, 166 Chesterfield Rd., Montville
- **Saturday, Sept. – 9:00AM – 1:00 PM** Wheeler High School, 297 Norwich-Westerly Rd., North Stonington
- **Saturday, Oct. 7<sup>th</sup> – 9:00AM – 1:00 PM** Griswold High Way Garage, 1148 Voluntown Rd. (Rt. 38), Griswold
- **Saturday, Nov. 4<sup>th</sup> – 9:00AM – 1:00 PM** Ledyard High School 24 Gallup Hill Rd. Ledyard

**ACCEPTABLE ITEMS**

**From the Shed & Garage**

- Kerosene
- Old Gasoline
- Radiator Chemicals
- Auto Body Chemicals
- Fuel Additives
- Car Battery Acid
- Camp Stove Fuel
- All Light Bulbs

**From the Lawn & Garden**

- Insecticides
- Pool Chemicals
- Herbicides
- Rat Poison
- Moth Balls
- Fungicides
- Weed Removal Chemicals
- And much more!!

**From the Basement & Bathroom**

- Latex & Oil Paint, Stains & Varnish
- Paint Thinner
- Drain Cleaners
- Photographic Chemicals
- Nail Polish Remover
- Oven Cleaners
- Toilet Bowl Cleaners
- All Home Batteries

**NOT ACCEPTED**

- Tires
- Ammunition / Gun Powder
- Auto & Marine Flares
- Radioactive Materials
- Large Barrels or Drums
- Commercial Qty's of Paint, Etc.
- Businesses with large amounts of Paper Shredding

• **BULKY WASTE AMNESTY DAYS** are **SATURDAY, May 13<sup>th</sup>, SUNDAY May 14<sup>th</sup>, and WEDNESDAY May 17<sup>th</sup>.**

Bulky waste (e.g., couches, tables, etc.) can be brought to the Transfer Station any day, however you will normally be charged a fee to dump them. ***During BULK WASTE AMNESTY DAYS, bulky waste items will be accepted free of charge.*** Please note this does not include cfc (chlorofluorocarbons) containing appliances such as refrigerators, freezers, air conditioners and dehumidifiers, construction or demolition materials.

***Do not bring mattresses, metal or electronics on Amnesty Days. These items are always accepted free of charge. Bring them any other day.***

## PUBLIC TOWN MEETINGS FOR MAY

- **BOE Long-Range Educational Planning,**  
May 1, 5:00 PM
- **BOE Personnel/Contract Negotiations,**  
May 1, 6:00 PM
- **BOE Co-Op**  
May 1, 7:00 PM
- **Board of Education**  
May 1, 2023, 7:00 PM
- **Inland Wetlands & Conservation Commission,**  
May 1, 7:00 PM
- **Board of Selectmen,**  
May 2, 7:00 PM
- **Annual Town Meeting**  
May 3, 7:00 PM
- **Planning and Zoning Commission**  
May 9, 2023, 7:00 PM
- **Emergency Preparedness Agency**  
May 9, 7:00 PM
- **Referendum for 2023/2024 Budget**  
May 10, 6:00 am to 8:00 pm
- **Board of Finance,**  
May 11, 7:00 PM
- **Gardner Lake Authority**  
May 11, 7:00 PM
- **Recreation Commission**  
May 15, 7:00 PM
- **Library Board of Directors**  
May 16 6:00 PM (Changed from the 9<sup>th</sup>)
- **Economic Development Commission**  
May 16, 2023, 7:00 PM
- **BOE Policy,**  
May 22, 4:00 PM
- **Planning & Zoning Commission,**  
May 23, 7:00 PM
- **Zoning Board of Appeals**  
May 25, 7:00 PM

Use the following link to go the Town Public Meeting Calendar: <https://www.salemct.gov/calendar-by-event-type/16/month/2023-05>

## VOLUNTEER OPPORTUNITIES

- ***Gardner Lake And Salem Volunteer Fire Companies***

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of ALL AGES.

- **Salem Volunteer Fire Company – NON-EMERGENCY PHONE: 860-859-0942**
- **Gardner Lake Fire Company – NON-EMERGENCY PHONE: 860- 859-1743**

Website: <https://www.gardnerlakevolunteerfirecompany.com/home>.

**BLOOD DRIVE** – Salem Volunteer Fire Dept., 424 Hartford Road, May 16, 2023 12:00 Noon to 5:00 pm  
Please call 1-800-733-2767 or visit [www.RedCrossBlood.org](http://www.RedCrossBlood.org) and enter: **SalemCT** to schedule an appointment

- **LION'S CLUB**

The Lions are looking for volunteers. **Contact John Houchin at 860-887-2518 (home) or 860-705-1227 (mobile), or Hugh McKenney at 860-303-0042 (mobile).** The items below noted with a ★ are some of the volunteer opportunities available.

- **SALEM LIONS 50<sup>th</sup> ANNIVERSARY DINNER ★**  
May 7<sup>th</sup>, 1:00 PM @ the Gardner Lake Fire House. Cost \$30 see a member of the Lions for details.
- **SALEM LIONS EYE GLASS EXTRAVAGANZA ★**
  - **May 6<sup>th</sup>, 9:00 – 11:00 AM, Recycle Eyeglass Extravaganza.** Bring your recycled eyeglasses to McCook Point Park, 8, Atlantic St., Niantic, CT. “Walk for your favorite charity”
  - **May 6<sup>th</sup>, 8:30 AM – 2:00 PM. 28<sup>th</sup> Annual Lions District 23-C Lions Journey for Sight 5K Walkathon,** McCook Point Park, 8 Atlantic St, Niantic, CT. Come walk on behalf of the Lions Club for a split of the proceeds. **Contact John Houchin at 860-887-2518 (home) or 860-705-1227 (mobile)** for more information and pledge forms. **See the Lions flyer at the end of the newsletter.**

- **MITCHELL FARM EQUINE RETIREMENT**

The Horse Retirement, Horse Sanctuary is looking for help. Contact Dee Doolittle 860 303-8705, or email [dee@mitchellfarm.org](mailto:dee@mitchellfarm.org).



## **VOLUNTEER OPPORTUNITIES (continued from page 8)**

### • **HOME REPAIR AND HANDY-MAN SKILLS.**

Would you like to volunteer to help a Senior or someone in need, or do you need help? Please let us know:

- what your skills are and/or what you can help with?
- what your needs are? (i.e., pull a pool cover off in the spring;
- reset a knocked down mailbox; change the oil in a lawn mower; etc.).

Contact Kay Zak: 860-889-3989 or e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com), or Gary Closius: 860-889-3989 or 860-961-9173, or e-mail: [gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net).

### • **CEMETERY CLEAN-UP**

The Salem VFW is looking for help to clean up the branches and leaves from cemeteries before the grass starts to grow. ***Our next clean-up was scheduled for Tuesday May 2<sup>nd</sup> at 9:00 AM (postponed due to rain and wet conditions)*** at the *Paugwonk Baptist #1 Cemetery* on Route 354 on the left, North of Gardner Lake Fire House and Rattlesnake Ledge Road. Bring your gloves, leaf blowers, rakes and tarps. ***Watch the Facebook website for the rescheduled date for Paugwonk as well as future dates on other cemetery clean up opportunities.***

## **SALEM SCHOOL NEWS**

Salem School website link: To view the Salem School website use the following link:

<https://www.salemschools.org/>

- School Calendar
  - Memorial Day School closed – May 29<sup>th</sup>.

## **EAST LYME HIGH SCHOOL NEWS**

East Lyme High School website link: To view the East Lyme High School website, use the following link:

<https://www.eastlymeschools.org/high-school>.

- SATs – May 6<sup>th</sup>
- Memorial Day School closed – May 29<sup>th</sup>
- Junior Prom – May 6<sup>th</sup> 6 – 10 PM
- Awards & Scholarship Ceremony – June 1<sup>st</sup> 6:30 PM, Auditorium
- Spring Concert – May 18<sup>th</sup> & 25<sup>th</sup>
- Great East Festival/Six Flags NE – June 2<sup>nd</sup>

## **SALEM RECREATION DEPARTMENT ACTIVITIES**

There are many activities for Salem residents of all ages:

- Everyone is cordially invited to attend the Bob Appleby Fields dedication ceremony Monday, May 15<sup>th</sup> at 6 PM at Volunteer Park 24 Forsyth Road.
- Salem Recreation spring 2023 adult tennis with Anne Santoro, session 2 clinics. Thursday mornings – 9:30-10:45 A M May 11<sup>th</sup> – June 1<sup>st</sup> (4 classes), and Tuesday evening – 5:00 PM-6:15 PM May 30<sup>th</sup> – June 20<sup>th</sup> (4 classes), round hill road tennis courts.

It's time to renew and improve your tennis skills — and your fitness — outdoors this Spring! Each of the 4 classes will focus on a particular skill and includes a warm-up, drills, play, and a cool down. Topics addressed throughout the clinic are movement, stroke production, strategy, as well as balance, flexibility, agility, and strength. Taught in a relaxed atmosphere, this unique clinic is designed for those with some tennis experience and can accommodate a range of skill sets.

**Required equipment:** Tennis racquet; tennis shoes or supportive sneakers; water; large towel (or mat) for stretching; athletic clothing you can easily move in. Limit of 6 students per clinic. All health and safety protocols will be followed. **FEE: \$80 resident; \$85 non-resident.**



**SALEM RECREATION DEPARTMENT ACTIVITIES (continued from page 9)**

- **Seniors & Strollers Walking at Salem School.** Please sign in/out at the front desk on the visitor log-in clipboard. Mondays, Wednesdays & Fridays, 7:00 to 8:00 AM November 7, 2022 to May 26, 2023.
- **Adult Rec Co-ed Pick-up Pickleball** – Open gym games for Salem & East Lyme Residents ages 18 and over in the Salem School Multi-Purpose Room and Gymnasium Saturdays, 8:00 AM – 10:00 AM and Tuesdays, 5:00 PM – 7:00 PM. Sign in upon arrival. **EXTENDED TO JUNE 6<sup>TH</sup>**
- **Roundhill Wildlife Garden.** Visit the Roundhill Wildlife Garden at the Roundhill Road Baseball Field, located outside the fence near the playground. Special Thanks to Veronika & her team for volunteering to help beautify the area and support our pollinators. You can also keep up-to-date virtually at by using the following link: <https://www.facebook.com/search/top?q=roundhill%20wildlife%20garden>.
- **Spring TinyTykes Soccer Camps** – Volunteer Park, Forsyth Road. **Cost: \$90.**  
Cubs: ages 2-3, 9:00 AM-9:45 AM, Lions: ages 4-5, 10:00 AM-10.45 AM.  
TinyTykes Soccer Camp, Tuesdays May 2<sup>nd</sup>-June 6<sup>th</sup>.  
TinyTykes MultiSkills Program, Thursdays, May 4<sup>th</sup>-June 8<sup>th</sup>.



**Information and Registration: use the following link to go to the Salem Recreation page and look for TinyTykes Soccer Camps:** <https://www.salemct.gov/recreation>.

- **FREE Summer Concerts at the Salem Community Park Pavilion**, 89 Norwich Road, Thursday, June 29<sup>th</sup> and Thursday, August 24<sup>th</sup>. A family and pet friendly event. Bring your friends, a chair, a blanket, and your dancing shoes.

- **Coming Soon:**  
**Day Tickets – Good any Day.**



Pre-order your tickets by using the following link: <https://www.salemct.gov/recreation/goodanydaytickets>.

To get to the Salem Recreation Commission page use the following link:  
<https://www.salemct.gov/recreation>.

To get the registration form use the following link: <https://www.salemct.gov/recreation/onlineform>.

**SENIOR NEWS**

- The **Salem Senior Citizen’s Group** boasts a current enrolment of over 127 members, we have more than doubled the membership since the beginning of 2022.
- **BINGO** – The next game is scheduled for Thursday May 25. Cards go on sale from 12:30 to 12:55 PM and the game starts **promptly** at 1:00 PM at the Salem Volunteer Fire Company firehouse. Cost: is \$1 per card, or buy 5 and get the 6<sup>th</sup> card free.
- **Theatre Events and Cruises**
  - **Goodspeed Opera House Shows – 6 Main St, East Haddam Ct**

PLAY	DATE	TIME	COST	Deposit	BALANCE DUE
<b>Gypsy</b>	June 15 <sup>th</sup>	2:00 PM	<b>SOLD OUT</b>		
<b>The 12</b>	Thursday October 12 <sup>th</sup>	2:00 PM	\$66.50	\$30	August 3, 2023
<b>Dreamgirls</b>	Saturday December 9 <sup>th</sup>	3:00 PM	\$82.50	\$40	September 30, 2023

## SENIOR NEWS (continued from page 10)

- **Theatre Events and Cruises (continued)**

- **Terris Theatre, 33 N Main St. Chester Ct**

PLAY	DATE	TIME	COST	MONEY DUE
<i>Here You Come Again</i>	Wednesday, Aug 16 <sup>th</sup>	2:00 PM	\$44.50	Upon Seat Reservation

- **Long Island Ferry New London, CT**

EVENT	DATE	TIME	COST	MONEY DUE
<b>Lights and Sights Cruise</b>	Thursday July 20 <sup>th</sup>	2:00 – 4:00 PM	\$24.75 ages 12 and up \$12.50 11 yrs. and under	Upon Seat Reservation

- Dawn Schumbo of **Salem ArtSpace** provides art classes after every monthly meeting.

- **Seniors will have a Float in the 2023 Memorial Day Parade**

**A design has been decided** and anyone who would like to help in decorating the float the night before please see Michelle Horan or Joan Gaynor. On the day of the parade wear your Red, White and or Blue. Join us on Memorial Day either on the float or walk along side. Show your Senior Spirit. Be a part of the fun.

- **Seniors' Gardening Team Work at the Salem School**

Joan Gaynor and other Seniors have restored the garden by the track at the Salem School. They now have set their sights on restoring the Court Yard Gardens in the back of the school.

After hearing of Joan's efforts and plans to clean up and revive the Court Yard Gardens, fellow Seniors members Robin and Andy Pelletier told Joan a memorial to their son Ethan, a Salem School student who had passed away, was in the Garden. Joan found it and did some rudimentary cleaning up around the marker so it could be seen again. Robin works for a landscaping company **Sprigs and Twigs**. Her company graciously offered to supply labor, plants, and materials to help clean up and restore the Court Yard Gardens.

In April while the school was closed for spring break, **Sprigs and Twigs** came in and pulled out the overgrown Junipers and cleaned the area laying down seed and straw. While that was being done, they also worked on cleaning around Ethan's memorial. During the summer break they will return to the school and start work on the large garden in the back. While school is still in session the garden team will work on removing the weeds that have overtaken the area to assist in the process of revitalizing the area.

**Contact Joan Gaynor at [salemtech53@yahoo.com](mailto:salemtech53@yahoo.com) for information on the next work day. Bring work gloves, water to hydrate and snack to energize. All help welcome.**

For more information go to the Salem CT Seniors Newsletter by using the following link:

[https://www.salemct.gov/sites/g/files/vyhlf4966/f/uploads/may\\_newsletter\\_2023\\_rev\\_final.pdf](https://www.salemct.gov/sites/g/files/vyhlf4966/f/uploads/may_newsletter_2023_rev_final.pdf)

## The Tale of Two Wolves

One evening, an elderly Cherokee brave told his grandson about a battle that goes on inside people. He said "my son, the battle is between two 'wolves' inside us all. One is evil. It is anger, envy, jealousy, sorrow, regret, greed, arrogance, self-pity, guilt, resentment, inferiority, lies, false pride, superiority, and ego.

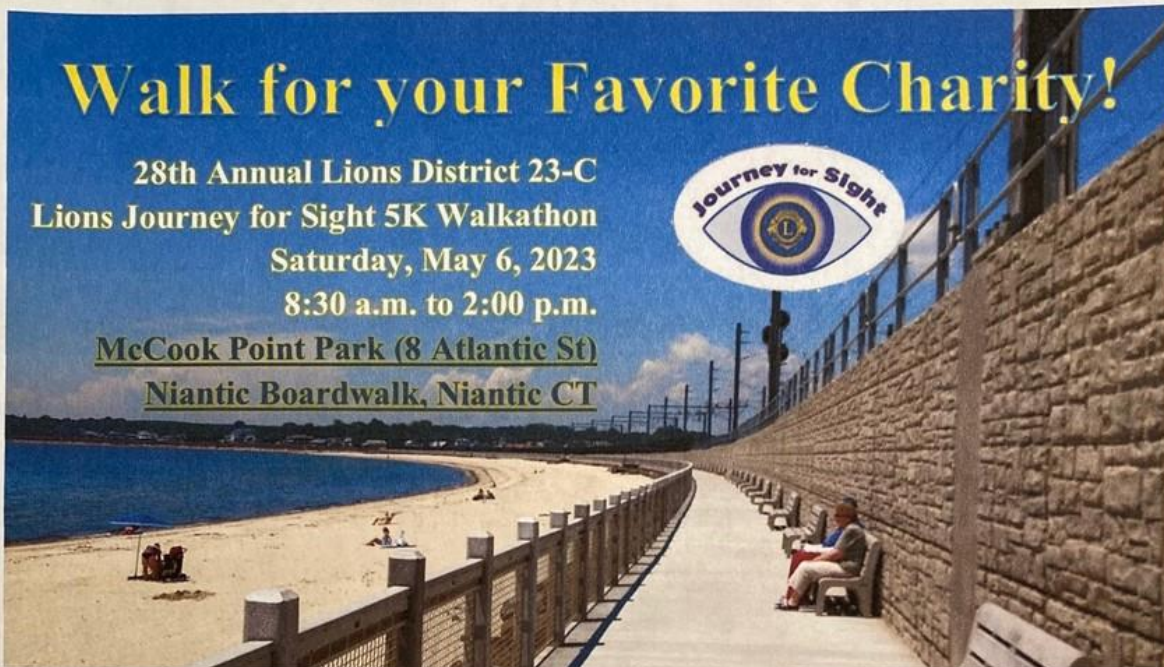
The other is good. It is joy, peace love, hope serenity, humility, kindness, benevolence, empathy, generosity, truth, compassion and faith."

The grandson though about it for a minute and then asked his grandfather: "which wolf wins?..."

The old Cherokee simply replied, "the one that you feed"



**28th ANNUAL Lions District 23-C Lions Journey for Sight 5K Walkathon**



All Lions and Leo Clubs (individually or as a club), their families, friends, and anyone else can join in the fun! Lions Clubs can invite groups such as Project Graduation, Scouts, sports groups, senior centers or ANY other groups who would like to walk on behalf of a Lions Club for a SPLIT of the proceeds! **Contact your Local Lions Club** or email: [Journey4Sight@LionsDistrict23C.org](mailto:Journey4Sight@LionsDistrict23C.org).

50% of pledges collected by each club are donated to ANY charity of their choice! Each club will donate the other 50% of pledge proceeds to THEIR CHOICE of these great district projects : Camp Rising Sun, Childhood Cancer Research, Connecticut Lions Eye Research Foundation (CLERF), CT Radio Information System (CRIS), Diabetes, Hearing Preservation, Homeless & Hunger, Lions Clubs International Foundation (LCIF), Lions Low Vision Center, and Service dog programs.

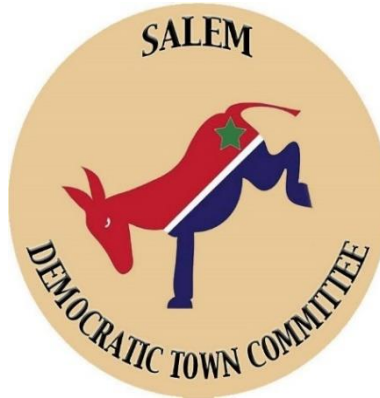
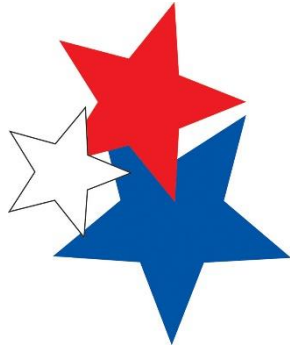
9:00am  
to  
11:00am

**Recycle  
Eyeglass  
Extravaganza**

Bring your  
used  
Glasses to  
McCook  
Point Park

Bring your recycled glasses to McCook Point Park, 8 Atlantic St, Niantic, CT on May 6<sup>th</sup>, 9 am – 11 am. For further information email [Eyeglasses@LionsDistrict23C.org](mailto:Eyeglasses@LionsDistrict23C.org)

*You are cordially invited*



*to a Fundraiser and Potluck Dinner in support of the Salem Democratic Town Committee Candidates for the November 2023 Election*



*Guest Speaker*  
**David Bingham MD**

**Sunday, June 11, 2023, from 4 pm to 6 pm**

**At the Historic Bingham Camp**

**490 East Haddam Rd, Salem CT**

**Suggested Donation \$25, Sponsorship Levels: \$150 \$250 \$500**

- Yes, I will be able to attend June 11<sup>th</sup> in support of SDTC candidates
- Sorry, I am unable to attend, Enclosed is my donation of \$ \_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

For more information, call 860 889 3989 or email: [kayzak@hotmail.com](mailto:kayzak@hotmail.com)  
Please make checks payable to the SDTC Salem CT 06420

## **VOLUNTEER OPPORTUNITIES**

- ***Gardner Lake And Salem Volunteer Fire Companies***

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of **ALL AGES**.

➤ **Salem Volunteer Fire Company** – NON-EMERGENCY PHONE: 860-859-0942

➤ **Gardner Lake Fire Company** – NON-EMERGENCY PHONE: 860- 859-1743

Website: <https://www.gardnerlakevolunteerfirecompany.com/home>.

**BLOOD DRIVE** – Salem Volunteer Fire Dept., 424 Hartford Road, May 16, 2023 12:00 Noon to 5:00 pm

Please call 1-800-733-2767 or visit [www.RedCrossBlood.org](http://www.RedCrossBlood.org) and enter: SalemCT to schedule an appointment