

**Salem Democratic  
Town Committee**

# NEWSLETTER

Follow us at: <http://salemctdems.org>

**GUN VIOLENCE**

***U.S. Mass Shootings in 2023***

2023	Mass Shootings	Deaths	Injuries
<b>TOTALS*</b>	<b>261</b>	<b>525</b>	<b>835</b>
May	74	271	99
April	56	59	233
March	39	59	138
February	40	48	153
January	52	88	212

\* Data through the end of May.

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***BREAKING NEWS***

Governor Lemont signs the most sweeping gun legislation since Sandy Hook. Connecticut Governor Ned Lamont signed House Bill (HB) 6667, *An Act Addressing Gun Violence*, into law Tuesday which includes a wide variety of comprehensive gun control measures.

The new law bans the open carry of firearms in public; strengthens the state's ban on assault weapons; restricts the bulk purchase of handguns and increases bail, probation, and parole for repeat firearm offenders. It also expands the state's safe storage law, requiring trigger locks on all firearms, and prohibits perpetrators of domestic violence from obtaining a pistol permit.

Use the following link to see a detailed analysis of the bill, including its effective dates: [www.cga.ct.gov/2023/BA/PDF/2023HB-06667-R010841-BA.PDF](http://www.cga.ct.gov/2023/BA/PDF/2023HB-06667-R010841-BA.PDF).

**SALEM AND THE SDTC NEEDS YOUR HELP**

We are asking anyone who is interested in serving Salem in an elected or appointed position to please contact T. J. Bucher at [t.j.butcher@att.net](mailto:t.j.butcher@att.net) or attend the next meeting of the SDTC on May 31<sup>st</sup> at 7:00 PM at the Center School on the Town Green. **There are only five months until the election in November!!** Below are the eight open seats on the various Town Boards and Commissions that we the have no potential candidates identified to run. All other open seats on the Town's Boards and Commissions

Office/Position	#	Office/Position	#
First Selectman	1	Board of Assessment Appeals	1
Selectman	1	Zoning Board of Appeals (Full)	2
Board of Finance (Alternate)	1	Zoning Board of Appeals (Alternate)	1
Planning & Zoning Commission (Alternate)	1	Town Clerk	1

**THE SDTC IS PLANNING A FUND RAISER**

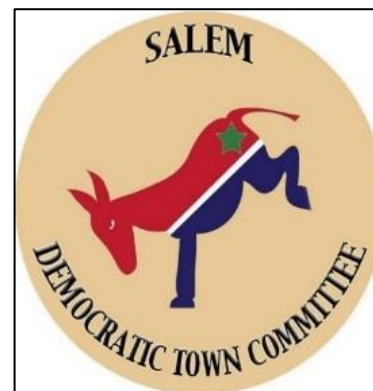
***Mark your calendars.***

The Salem Democratic Town Committee (SDTC) is planning a Fundraiser, Potluck Dinner and silent auction in support of the SDTC and the candidates for the November 2023 Election. The fundraiser will be held on Sunday, June 11<sup>th</sup>, from 4 PM to 6 PM at the Historic Bingham Camp, 490 East Haddam Rd, Salem CT.

Salem's very own David Bingham will give a presentation on the history of the Bingham Camp and the Town of Salem. CT Attorney General William Tong may also be in attendance. The SDTC is working with the AG's staff to bring that to fruition.

**We are asking each member of the SDTC to bring 4 to 8 friends and a dish or two to share along with a suggested donation of \$25. Sponsorship Levels of \$150 \$250 \$500 are also available. This level of support would make this event a great success.**

**Please contact Kay Zak at 631-942-8169, or e-mail: [kayzak@hotmail.com](mailto:kayzak@hotmail.com), or Gary Closius at 860-961-9173, or e-mail: [gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net) regarding your attendance and food choice. To donate online visit the SDTC webpage ([salemctdems.org](http://salemctdems.org)). (\$5 fee to donate online)**



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**Town Public Meeting Calendar**

Calendar for June, see pp 9 – 10.

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- Lions Club, Various Volunteer Opportunities, see pp 10.
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**HOW DO I GET A COPY OF THE NEWSLETTER?**

If you would like to receive this newsletter via e-mail, please send your request along with your e-mail address to: Gary Closius: [gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net)

**SDTC ENDORSES CANDIDATES FOR THE NOVEMBER ELECTION**

***The SDTC proudly endorses the following of candidates in the November Election:***

Office/Position	Candidate
Selectman	Leslie Hotary
Board of Finance (full member)	Matt Rucci
Board of Finance (full member)	Kate Belleville
Board of Education (full member)	Sue Spang
Board of Education	Kelly Francis
Planning and Zoning Commission (full member)	Jen Lindo
Planning and Zoning Commission (full member)	Gary Closius
Zoning Board of Appeals	David Bingham
Board of Assessment Appeals	Kay Zak
Library Board of Directors (full member)	Wendy Lichtenstein
Library Board of Directors (full member)	Flora Drapeau
Treasurer	Pamela Henry
Tax Collector	Vivian Waters

**OPINION**

**Volunteerism is on the Decline in the U.S.<sup>1</sup>**

A report released last month by AmeriCorps and the U.S. Census Bureau shows that a smaller share of the American population is volunteering now than it did two decades ago and devoting fewer hours to such activities. While the recent data is attributable in part to the pandemic, the larger issues at play were decades in the making.

From September 2020 to 2021, less than one-quarter of Americans age 16 and older volunteered for an organization or association, according to the survey. That's down from 30 percent in 2019 and from 27.6 percent 20 years earlier, when, as head of AmeriCorps's predecessor, the Corporation for National and Community Service, I helped launch the survey — the first official count of volunteering in the United States.

The drop-in hours donated each year by volunteers was especially sharp during the past two decades, plunging from 52 in 2002 to 40 in 2017, and 26 in the pre-pandemic year of 2019. Data from the latest survey put the number of hours Americans devote annually to volunteering at just 25.

The impact of Covid-19 is of course a significant factor in the latest data. The volunteer rate among parents of school-age children, for instance, dropped more than that of parents with no children at home. The decrease was also sharper among people with higher levels of education who were generally more likely to comply with Covid restrictions.

On the other hand, although the percentage of people volunteering went down in most states, the relationship to state pandemic policies is unclear. For example, in California, where Covid policies were relatively restrictive, the volunteer rate declined less than in Florida, where Covid restrictions were more relaxed. And informal types of helping, such as doing favors for neighbors, remained steady at nearly 51 percent even during a period of lockdowns and social distancing.

Regardless of the reasons, a decrease in formal volunteering is costly to the nonprofit world. Work previously done by volunteers must be handled by paid staff or not get done at all. Giving to nonprofits also suffers since people who volunteer are likely to contribute money as well. Moreover, this decline was in the works years before the pandemic — despite ongoing efforts to reverse it.

This year's report tells a different story. Despite two decades of population growth, the 60.7 million people who reported volunteering for nonprofits was just 1 million more than the number who did so in 2002. Although nearly 51 percent of the

**SDTC CONTACT INFORMATION**

**T. J. Butcher – Chairman**  
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**Kay Zak – Vice Chairperson**  
[kayzak@hotmail.com](mailto:kayzak@hotmail.com)

**Leslie Hotary – Secretary**  
[hotaryleslie@gmail.com](mailto:hotaryleslie@gmail.com)

**Gary Closius – Newsletter Editor**  
[gclosius@sbcglobal.net](mailto:gclosius@sbcglobal.net)

**OPINION (continued from pp 2)**

population reported helping their neighbors in the latest survey, only 10 percent did so daily or weekly. An AmeriCorps/Census Bureau report on other kinds of civic engagement, such as voting in local elections, attending public meetings, participating in boycotts, and posting views online, is due to be published in March.

**New Reports on Volunteering<sup>2</sup>**

- AmeriCorps, in collaboration with the U.S. Census Bureau, released its biennial Volunteering and Civic Life in America report in late January.
- **The research found that formal volunteering dropped more than 23 percent, from 30 percent of the public in 2019 to 23.2 percent in 2021** (at the height of the pandemic).
- Informal volunteering, such as doing a favor for a neighbor, remained stable during the period.

- The report website breaks down results by state; for example, Utah had the highest formal volunteering rate in 2021, at 40.7 percent.
- The report website also shows trends by state over time, including charitable giving and other civic behaviors.
- **In 32 states, the number of donors was down in 2021 vs. 2019**, with donor numbers in 15 states down more than 5 percent, and down more than ten percent in 5 of those states. Donors increased by 5 percent or more only in D.C. and Connecticut. A new report from the University of Maryland's DoGood Institute, "**The State of Volunteer Engagement**," is based on a national survey of 1,200 nonprofit CEOs conducted in mid-2022. Most of the respondents lead organizations that rely on volunteers.
- Nearly half of respondents said **recruiting enough volunteers is a "big problem,"** a steep (62 percent) increase compared with 2003.
- The report also confirms other sources of data that show **demand for services is up**; nearly two-thirds of nonprofits reported an increase in demand for their organizational services in 2022, while 28.7 percent of nonprofits are operating with **less funding and fewer paid staff** than they had before the pandemic.
- In 2022, the researchers also surveyed funders that provide, or said they were likely to provide, **funding to nonprofits to support volunteer engagement**. The full report will be of interest especially to nonprofits that rely heavily on volunteers, and may help make the case to funders for investing in volunteer management capacity.

More recently, in state surveys of nonprofits such as those conducted in Florida (fall 2022) and New Jersey (February 2023), nonprofits **continued to identify finding volunteers – and avoiding burnout of current volunteers – as an ongoing challenge**.

**Three Reasons Why People Don't Volunteer, And What Can Be Done About It.<sup>3</sup>**

Research has shown that while over 90% of us want to volunteer, only 1 out of 4 Americans actually do. Did you know there is a relationship between volunteering and improved physical health and cognitive function? Research also shows that volunteers report elevated mood and less depression, and that volunteers report increased social interactions and social support, better relationship quality, and decreased loneliness. So, if most of us want to volunteer, and we believe it is good for us, why aren't all of us volunteering? Research has found 3 common barriers:

**"I don't have enough time and volunteer schedules are too inflexible"**

The most common reason for not volunteering is lack of free time (about half of Americans cite this as the main reason), and another common reason is that the volunteer schedules and commitments are too inflexible. Which is interesting because retirees (who presumably have enough time) do not volunteer at higher rates than employees, and people ages 35 to 44 (those most likely to have young children at home and be employed) actually volunteer at slightly higher rates.

One solution is to understand about "volunteering inertia", which is basically the habit we create by volunteering or not volunteering. Research shows people who volunteer before retirement are more likely to volunteer in retirement (75%). In contrast, only about a third of retirees who did not volunteer while working begin to volunteer in retirement. This suggests there is a "sweet spot" for volunteer recruitment in the years prior to retirement.

Another possible solution is to make volunteering more accessible and automatic. If working parents are volunteering, is most likely at their kids' schools, which is a location they are already frequenting daily. Employers could encourage volunteerism on-site or in a proximate location. Organizations could be more flexible in the way they use volunteer work, including work that could be done at home, or during evening or weekend hours.

**"I don't have enough information and most volunteer roles aren't interesting"**

Another very common reason is that people don't have information about where to volunteer, or if they do, the jobs are not meaningful or purposeful. While motivation to volunteer can vary by age, with younger volunteers more motivated by future preparation (such as increasing skills, knowledge, and advancing careers) and older volunteers more likely to cite generativity as a reason for volunteering, most people are motivated to volunteer by personal gratification and having a meaningful experience.

**OPINION (continued from pp 3)**

A solution would be for organizations who utilize volunteers to make sure they are matching the skills and experience of their volunteers to the roles they have available. Making copies and coffee are certainly not meaningful to most. Some organizations have a short interview process where they discuss the background of the potential volunteer to closely match it to the needs they have.

The **Stanford Center on Longevity** produced a report on ways to support intergenerational volunteerism, which included five best-practices strategies. In addition, there are several websites that help individuals find volunteer roles in their area and interest. Yet many individuals still don't know about these websites that can help access meaningful volunteer roles more adeptly.

**“No one asked me to”**

One out of 4 people say they don't volunteer because no one asked them to; so, let's ask! Research shows the organizations that are most successful at recruiting and retaining volunteers have a full-time paid volunteer coordinator. This is the person who invites them to be a volunteer and oversees them throughout the application and training process as well as connects with them routinely during their tenure as a volunteer. Volunteers want to feel included in the goals of the organization, and that their work (even if unpaid) is valued and appreciated.

Employers and schools can help with asking as well. High schools and colleges are already requiring volunteer service, and many employers are offering paid time off to volunteer or including it as a part of their wellness plans.

**Creating a new social norm of volunteering**

Potential for increasing volunteerism is high if we are able to address these common barriers. By reducing these barriers, we can create a new social norm of volunteering throughout one's life; where it is expected that everyone volunteers starting from school age and throughout old age. In the pre-retirement years, employers could encourage increasing volunteer hours as they slowly decrease their work hours, so that retirees would be fully integrated into their meaningful volunteer roles in a gradual and seamless transition. The Stanford Center on Longevity is piloting a volunteer project with Santa Clara County. Read more here: <http://longevity3.stanford.edu/santa-clara-county-volunteering-survey/>

**11 Benefits of Volunteering.<sup>4</sup>**

The world has many urgent issues — food insecurity, wars and conflicts, infectious disease, water shortages, extreme poverty. And in the age of COVID-19, the number of people who need a helping hand has only increased.

Clearly, volunteering matters. But the benefits go far beyond altruism. A growing body of research shows that it provides many benefits, some of which are surprising. Here are 11 of them:

1. **The power to change lives.** Whether you're collecting supplies for a food bank to feed malnourished children, building a home for a family or fostering or adopting an abandoned or abused pet, you're making a tangible change in a person's (or animal's) life. Even better, you're also giving them hope.
2. **The ability to involve more people.** When you volunteer, you're raising awareness for an organization and its cause. And you often mention your service to friends and family — perhaps even without noticing you're doing it. You might even post something about it on your social media platforms, which spreads the word. That can encourage more people to get involved.
3. **A physical feeling of satisfaction.** There's scientific evidence that volunteering positively affects your body. Studies show that when people donate to charity, either financially or through volunteering, they trigger the mesolimbic system — the portion of the brain responsible for feelings of reward. The brain releases feel-good chemicals, spurring you to perform more kind acts. Psychologists call it “helper's high.”
4. **New friends and stronger friendships.** When you help others, you give off positive vibes, which can rub off on peers and improve your friendships, creating strong, lasting bonds. For instance, if you're volunteering to mentor children, chances are good you'll meet people who care about young children. Volunteering is an excellent way to find your “tribe.”
5. **Connection and confidence.** Silence the inner voice that's saying you're not enough! People who volunteer have been found to have higher self-esteem and overall well-being. Experts explain that the more connection you feel, the higher your self-esteem.
6. **Social and networking skills.** Volunteering is a social activity — so it can build up your list of important contacts. For example, the people you volunteer with are great candidates for recommendation letters. After all, these are the people who have seen you interact with others and handle new challenges.
7. **A readiness to take on the world.** People who participate in volunteer work feel rewarded, more fulfilled. Volunteers report that helping others enriches their sense of purpose and empowers them.
8. **Value to schools and employers.** Volunteer experience can set you apart from other applicants for jobs and colleges. Your volunteer experience tells them that you are ambitious, care about your community and are willing to put in the work that brings change.
9. **A chance to pay it forward.** Kindness is contagious. Simply seeing someone help another person gives us a good feeling. And that inspires us to do something altruistic ourselves.

**OPINION (continued from pp 4)**

10. **A sense that you have more time.** Volunteering won't literally give you more than 24 hours in a day. But it makes those hours seem more fulfilling. In fact, research shows that those who volunteer their time feel like they have more time.
11. **Feelings of gratitude.** Helping others is a wonderful way to gain perspective on your own situation, and that can make you more appreciative of what you have.

- <sup>1</sup> **The Chronical of Philanthropy FEBRUARY 14, 2023, Opinion by Leslie Lenkowsky.** Leslie Lenkowsky is a professor emeritus of public affairs and philanthropic studies at Indiana University and a regular contributor to the Chronicle for more than 30 years.
- <sup>2</sup> **National Council of Nonprofits, New Data and Resources on Volunteers,** By: Amy Silver O'Leary, April 12, 2023.
- <sup>3</sup> **Stanford Center on Longevity, Three Reasons Why People Don't Volunteer, And What Can Be Done About It.** By Amy Yotopoulos.
- <sup>4</sup> **Kiwanis Newsletter, November 2020, 11 Benefits of Volunteering.**

**CONTINUATION OF THE MAY 23<sup>rd</sup> PUBLIC HEARING**

The Planning and Zoning Commission public hearing held on May 23<sup>rd</sup> regarding **SE 23-02 American Property Group Salem, Inc.;** *Application for a special exception and associated site plan at 496 New London Road for a multi-family residential development proposing 24 two-bedroom, residential units;* was continued to June 13, 2023 beginning at 7:00 p.m. at Salem Town Hall, 270 Hartford Road, Salem, CT 06420.

**TOWN OF SALEM LEGAL NOTICE****PLANNING & ZONING COMMISSION PUBLIC HEARING, JUNE 13, 2023 ROOM 1**

POSTED ON: MAY 30, 2023 - 11:07AM

**TOWN OF SALEM  
PLANNING & ZONING COMMISSION  
TOWN HALL, 270 HARTFORD ROAD  
SALEM, CONNECTICUT 06420**

**Notice of Public Hearing**

The Salem Planning & Zoning Commission will hold a public hearing on Tuesday, June 13, 2023 beginning at 7:00 p.m. at Salem Town Hall, 270 Hartford Road, Salem, CT 06420. The following application will be heard:

**SD 23-03 Colchester Construction** Re-subdivision application for 343 Old Colchester Road for the creation of one new lot.

At this hearing interested persons may appear and be heard and written correspondence received. The applications with full proposed text are available for viewing on the Salem Town Website at: <https://www.salemct.gov/planning-and-zoning-commission/pages/pending-app>, and are also on file in the office of the Salem Town Clerk.

**FOR THE COMMISSION**

Vernon Smith, Chairman  
Planning & Zoning Commission

This legal notice shall be published in The Day newspaper on June 1, 2023 and June 8, 2023.

**TOWN OF SALEM LEGAL NOTICE OF DECISION****PLANNING & ZONING COMMISSION LEGAL NOTICE OF DECISION, MAY 23, 2023**

POSTED ON: MAY 25, 2023 - 9:47AM

**TOWN OF SALEM  
PLANNING & ZONING COMMISSION  
TOWN HALL, 270 HARTFORD ROAD  
SALEM, CONNECTICUT 06420**

**Notice of Decision**

At their regular meeting of May 23, 2023, the Salem Planning and Zoning Commission rendered the following decision:

**SP 23-02** Kaylee Shilosky Application for site plan modification at 595 Norwich Road.

**Approved.**

**FOR THE COMMISSION**

Vernon Smith, Chairman  
Planning & Zoning Commission

This legal notice shall be published in The Day newspaper on May 30, 2023.

**COMMUNITY HELP / ASSISTANCE**

• **THAMES VALLEY COUNCIL FOR COMMUNITY ACTION (TVCCA)**



**CONNECTION = Volunteering & Veterans Coffeehouses**

Now more than ever community support is so important and impactful! AmeriCorps Seniors offers the support someone needs to remain living at home. Our volunteers lend a hand with grocery shopping needs, visiting, phone reassurance or local medical rides. If you are 55+ contact us to hear how your help may improve the quality of life of an elderly or disabled person by volunteering to help a neighbor in your community.

Our volunteers are here for the community! Our services are available free of charge to seniors or disabled people that are homebound and need help with grocery shopping, medical rides, and visiting.



**Contact: Renee LaBonte, Program Coordinator of Senior Volunteer Services at 860-425-6608 or e-mail: [rlabonte@tvcca.org](mailto:rlabonte@tvcca.org).**

Visit our website at [www.tvcca.org](http://www.tvcca.org) or [www.facebook.com/TVCCArsvp/](https://www.facebook.com/TVCCArsvp/).

- Connect with veterans! TVCCA hosts monthly veteran coffeehouses to meet and socialize with other veterans and their spouses and receive information about veteran benefits and services. We host coffeehouses in Groton, Mystic, New London, Pawcatuck, Norwich, and Montville.

**Contact James Hodge, Veterans Coffeehouse Coordinator at 860-425-6615 or e-mail: [jhodge@tvcca.org](mailto:jhodge@tvcca.org).**

**COMMUNITY HELP / ASSISTANCE**

• **WINTER HEATING AND OTHER ASSISTANCE PROGRAMS AVAILABLE FROM THAMES VALLEY COUNCIL FOR COMMUNITY ACTION, INC. (TVCCS)**

TVCCS provides winter heating assistance among other community assistance services. Use the following link to visit the TVCCA website: <https://www.tvcca.org/energy-assistance/> for more information and a direct link to the application. If you have any questions or need help completing the application form, contact TVCCA at 860-889-1365. Note that not only does TVCCA provide funding for oil, but also for wood. TVCCA also has a Senior Nutrition Program for seniors 60 and over & Volunteer programs for seniors age 55 or over.

• **CARE & SHARE – Website link: <http://www.careandshareofel.org/>**

Care & Share of East Lyme, Inc. provides food, financial and emergency support to individuals and families in East Lyme, Niantic and Salem. *If you are interested in receiving assistance, contact them at 860-739-8502.* Leave a message with your name, telephone number and the type of assistance you are looking for, as well as the best time you can be reached. A responder will confidentially return your call.

• **211 INFOLINE HELP STARTS HERE**

**Call 2-1-1 for your connection to:**

- |   |                        |                      |
|---|------------------------|----------------------|
| - Alzheimer’s resources                 | - Emergency shelter    | - Pre-natal care     |
| - Basic needs – food, clothing, shelter | - Emergency assistance | - Senior services    |
| - Child care services                   | - Financial assistance | - Suicide prevention |
| - Child health care                     | - Health care          | - Transportation     |
| - Consumer health                       | - HIV/AIDS             | - Veteran’s services |
| - Crisis intervention                   | - Housing              | - Volunteering       |
| - Disability services                   | - Legal assistance     | - And much more      |
| - Drug & alcohol programs               | - Parenting programs   |                      |

**COMMUNITY NEWS YOU CAN USE**

• **SALEM FREE PUBLIC LIBRARY NEWS & EVENTS**

- **The Salem Free Public Library Offers Museum Passes**
  - ▶ Connecticut Old State House, Hartford
  - ▶ Connecticut River Museum, 2 adults and their children or grandchildren under 18

**COMMUNITY NEWS YOU CAN USE (continued from pp 6)**

• **SALEM FREE PUBLIC LIBRARY (continued)**

**NEWS & EVENTS (continued)**

- **The Salem Free Public Library Offers Museum Passes (continued)**

- ▶ CT State Parks Dinosaur State Park, Gillette Castle, Fort Trumbull (this pass waives entrance fees for 2 adults and 4 children at the museums)
- ▶ Custom House Maritime Museum, New London 2 free admissions
- ▶ Denison Pequotsepos Nature Center, mystic free admission for up to 5 persons
- ▶ Florence Griswold Museum, Old Lyme admits 2 adults and 2 children under 12 free
- ▶ Lyman Allyn Art Museum, New London, Free admission for 2 Adults and 2 Children ages 0-12
- ▶ New Britain Museum of American Art, Free admission for 4 people 1 adult must accompany children under 16. (Closed Mondays and Tuesdays) USS Constitution Museum Boston MA (Free up to 9 people per pass)
- ▶ Wadsworth Atheneum Museum of Art, Hartford CT Free General admission for 2 adults

- **Discounted Admission Passes:**

- ▶ Beardsley Zoo, Bridgeport, Valid for \$9 admission per person for up to 6 people in same family
- ▶ Mystic Seaport Museum, Mystic 50% off admission for 2 adults and 3 children
- ▶ Roger Williams Zoo, Pass valid from March 1st through December 21st, \$3 off each paid admission tickets, for up to 4 people. Discount code redeemable online only.

Use this link to view what they have to offer and pass availability: <https://www.salemct.gov/library/pages/museum-passes>.

- **Family Movie Night**



Enjoy a free bag of popcorn when you checkout movies on Fridays from June 23<sup>rd</sup> – August 12<sup>th</sup>

- **The Too-Times Live Music**



TO REGISTER CALL THE LIBRARY AT 860- 859-1130 (some events may be filled or will have limited participation).

• **SALEM RECREATION SUMMER CONCERTS**



**COMMUNITY NEWS YOU CAN USE** (continued from pp 7)

- **MITCHELL FARM MUSIC FESTIVAL RT 82 SALEM, CT SATURDAY, SEPTEMBER 16<sup>TH</sup>**

**Tickets \$58**

**Laurel Canyon & Broken Arrow**



Enjoy the magic of 70's music surrounded by peaceful grazing horses at this outdoor tented charitable event. Be transported by a masterful, day long tribute to the music of **Crosby, Stills, Nash and Neil Young** with **Laurel Canyon** and **Broken Arrow**.

Tickets on sale May 1<sup>st</sup>. [www.mitchellfarm.org/events](http://www.mitchellfarm.org/events).

Salem Senior's get your tickets through us and pay \$50 contact Kay Zak: 860 889-3989, or [kayzak@hotmail.com](mailto:kayzak@hotmail.com).

Gate opens at 1:30 PM. Music begins at 2:30 PM. Bring a lawn chair, picnic if you like, food vendors available. Come early and let's have a senior section at the concert.

**COMMUNITY NEWS YOU CAN USE**

- **CHRISTMAS IN JULY**

Salem Recreation Commission has partnered up with the Economic Development Commission to host Christmas in July.

**CALLING ALL  
Salem Musicians, DJs & Entertainers!**

**Economic Development Commission &  
Salem Recreation Commission**



**CHRISTMAS IN JULY**  
July 29\*, 11 a.m. - 4 p.m.  
Salem Community Park Pavilion

**Are you a Salem Resident?  
Are you a Musician, a Member of a Band?  
Are you a DJ, an Entertainer?  
Do you have a Food Cart/Truck?  
Are you an owner of a Salem Business?**

**Share your Talents with your Community!  
Contact us to Reserve your Spot Today!**

\*Note: Date Change (originally scheduled for July 22)

**Salem Recreation**  
recreation@salemct.gov | 860-859-3873, x275



**COMMUNITY NEWS YOU CAN USE** *(continued from pp 8)*

• **THE SOUTHEASTERN CT REGIONAL RESOURCES RECOVERY AUTHORITY (SCRRRA)**

SCRRRA is the waste management and recycling authority for the twelve member municipalities of East Lyme, Griswold, Groton, Ledyard, Montville, New London, North Stonington, Norwich, Preston, Sprague, Stonington, and Waterford.



**2023 Household Hazardous Waste and Confidential Paper Shredding Schedule.**

- **Saturday, June 3<sup>rd</sup> – 9:00AM – 1:00 PM** Colchester Town Hall, 127 Norwich Ave., Colchester
- **Saturday, June 17<sup>th</sup> – 9:00AM – 1:00 PM** Norwich Public Works, 50 Clinton Ave., Norwich
- **Saturday, July 8<sup>th</sup> – 9:00AM – 1:00 PM** Fitch High School, 101 Groton Long Point Rd., Groton
- **Saturday, Aug. 5<sup>th</sup> – 9:00AM – 1:00 PM** Tyl Middle School, 166 Chesterfield Rd., Montville
- **Saturday, Sept. – 9:00AM – 1:00 PM** Wheeler High School, 297 Norwich-Westerly Rd., North Stonington
- **Saturday, Oct. 7<sup>th</sup> – 9:00AM – 1:00 PM** Griswold High Way Garage, 1148 Voluntown Rd. (Rt. 38), Griswold
- **Saturday, Nov. 4<sup>th</sup> – 9:00AM – 1:00 PM** Ledyard High School 24 Gallup Hill Rd. Ledyard

**ACCEPTABLE ITEMS**

**From the Shed & Garage**

- Kerosene
- Old Gasoline
- Radiator Chemicals
- Auto Body Chemicals
- Fuel Additives
- Car Battery Acid
- Camp Stove Fuel
- All Light Bulbs

**From the Lawn & Garden**

- Insecticides
- Pool Chemicals
- Herbicides
- Rat Poison
- Moth Balls
- Fungicides
- Weed Removal Chemicals
- And much more!!

**From the Basement & Bathroom**

- Latex & Oil Paint, Stains & Varnish
- Paint Thinner
- Drain Cleaners
- Photographic Chemicals
- Nail Polish Remover
- Oven Cleaners
- Toilet Bowl Cleaners
- All Home Batteries

**NOT ACCEPTED**

- Tires
- Ammunition / Gun Powder
- Auto & Marine Flares
- Radioactive Materials
- Large Barrels or Drums
- Commercial Qty's of Paint, Etc.
- Businesses with large amounts of Paper Shredding

**PUBLIC TOWN MEETINGS FOR JUNE**

- |  |  |
|--|--|
| <ul style="list-style-type: none"> <li>• <b>BOE Long-Range Educational Planning,</b><br/>June 5<sup>th</sup>, 5:00 PM</li> <li>• <b>BOE Personnel/Contract Negotiations,</b><br/>June 5<sup>th</sup>, 6:00 PM</li> <li>• <b>Board of Education,</b><br/>June 5<sup>th</sup>, 2023, 7:00 PM</li> <li>• <b>BOE Long-Range Educational Planning,</b><br/>June 5<sup>th</sup>, 5:00 PM</li> <li>• <b>BOE Personnel/Contract Negotiations,</b><br/>June 5<sup>th</sup>, 6:00 PM</li> <li>• <b>Board of Education,</b><br/>June 5<sup>th</sup>, 2023, 7:00 PM</li> </ul> | <ul style="list-style-type: none"> <li>• <b>Planning and Zoning Commission,</b><br/>June 13<sup>th</sup>, 7:00 PM</li> <li>• <b>Emergency Preparedness Agency,</b><br/>June 13<sup>th</sup>, 7:00 PM</li> <li>• <b>Salem Green Cemetery Association,</b><br/>June 20<sup>th</sup>, 2:00 PM</li> <li>• <b>Planning and Zoning Commission,</b><br/>June 13<sup>th</sup>, 7:00 PM</li> <li>• <b>Emergency Preparedness Agency,</b><br/>June 13<sup>th</sup>, 7:00 PM</li> <li>• <b>Salem Green Cemetery Association,</b><br/>June 20<sup>th</sup>, 2:00 PM</li> </ul> |
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**PUBLIC TOWN MEETINGS FOR JUNE (continued from pp 9)**

- **Inland Wetlands & Conservation Commission,**  
June 5<sup>th</sup>, 7:00 PM
- **Board of Selectmen,**  
June 6<sup>th</sup>, 7:00 PM
- **Board of Finance,**  
June 8<sup>th</sup>, 7:00 PM
- **Gardner Lake Authority,**  
June 8<sup>th</sup>, 7:00 PM
- **Library Board of Director's**  
June 13<sup>th</sup>, 6:00 PM
- **Economic Development Commission,**  
June 20<sup>th</sup>, 7:00 PM
- **Zoning Board of Appeals,**  
June 22<sup>nd</sup>, 7:00 PM
- **BOE Policy,**  
June 26<sup>th</sup>, 4:00 PM
- **Recreation Commission,**  
June 26<sup>th</sup>, 7:00 PM
- **Planning & Zoning Commission,**  
June 27<sup>th</sup>, 7:00 PM

**Use the following link to go the Town Public Meeting Calendar: <https://www.salemct.gov/calendar-by-event-type/16/month/2023-05>**

**VOLUNTEER OPPORTUNITIES**

- ***Gardner Lake And Salem Volunteer Fire Companies***

Both the Salem and Gardner Lake Volunteer Fire Companies are looking for volunteers of **ALL AGES**.

- Salem Volunteer Fire Company – NON-EMERGENCY PHONE: 860-859-0942
- Gardner Lake Fire Company – NON-EMERGENCY PHONE: 860- 859-1743

Website: <https://www.gardnerlakevolunteerfirecompany.com/home>.

- ***LION'S CLUB***

The Lions are looking for volunteers as well as new members. Please consider volunteering or joining. **Contact John Houchin at 860-887-2518 (home) or 860-705-1227 (mobile), or Hugh McKenney at 860-303-0042 (mobile).**

- ***MITCHELL FARM EQUINE RETIREMENT***

The Horse Retirement, Horse Sanctuary is looking for help. Contact Dee Doolittle 860 303-8705, or email [dee@mitchellfarm.org](mailto:dee@mitchellfarm.org).

- ***CEMETERY CLEAN-UP***

The Salem VFW is looking for help to clean up the branches and leaves from cemeteries before the grass starts to grow. **Our next clean-up will be Saturday June 10<sup>th</sup> at 9:00 AM** at the **Hillard Cemetery on Music Vale Road**. Bring your gloves, weedwhacker, mower, rakes and tarps. Watch the Facebook website for future dates on other cemetery clean up opportunities.

- ***HOME REPAIR AND HANDY-MAN SKILLS.***

**Would you like to volunteer, or do you need help?**

**Please let us know:**

- what your skills are and / or what you can help with?
- what your needs are? (i.e., pull a pool cover on in summer; reset a knocked down mailbox; change the oil in a lawn mower; etc.).

**Contact Kay Zak at: 860-889-3989 or e-mail at: [kayzak@hotmail.com](mailto:kayzak@hotmail.com).**

**SALEM SCHOOL NEWS**

**Salem School website link:** To view the Salem School website use the following link:

**<https://www.salemschools.org/>**

- ***School Calendar***

- **Wednesday, June 7<sup>th</sup>**
  - **Grades 5/6 Student Council Fundraiser:** Movie Night @ 5:30 pm in the library & MPR
  - **Salem PTO Monthly Meeting @ 7:30 pm, location TBD**
- **Thursday, June 8<sup>th</sup>**
  - **Grade 8 Field Trip @ Odetah Campground**
- **Friday, June 9<sup>th</sup>**
  - **Grade 1 Parent Day Picnic @ 2:30 pm by the gazebo**
  - **Grade 8 Semi-Formal Dance @ 6:30 pm**

**SALEM SCHOOL NEWS (continued from pp 10)**

- **Friday, June 9<sup>th</sup>**
  - **Grade 1 Parent Day Picnic @ 2:30 pm** by the gazebo
  - **Grade 8 Semi-Formal Dance @ 6:30 pm**
- **Monday, June 12<sup>th</sup>**
  - **Amazing Hero Art Assembly**
  - **Grade 8 Graduation Exercises @ 6:00 pm** on Gadbois Field (gym if rains)
- **Tuesday, June 13<sup>th</sup>**
  - **Last day** – early dismissal
  - **Grade 8 Yearbook Signing Social @ 8:50 AM** under park & play
  - **PTO Ice Cream Social @ 12:30 PM** on Bingham Field
  - **Trimester 3 report cards** emailed home

**EAST LYME HIGH SCHOOL NEWS**

**East Lyme High School website link:** To view the East Lyme High School website, use the following link:  
<https://www.eastlymeschools.org/high-school>.

- **School Calendar**

- **June 8<sup>th</sup>**
  - **Senior Dinner Dance @5:00 PM - 8:00 PM**
- **June 15<sup>th</sup>**
  - **Last day** – early dismissal
  - **Graduation @ 5:30 PM**

**SALEM RECREATION DEPARTMENT ACTIVITIES**

There are many activities for Salem residents of all ages:

- **ADULT TENNIS**

- **Salem Recreation spring 2023 adult tennis** with Anne Santoro, session 2 clinics. Tuesday evening – 5:00 PM-6:15 PM May 30<sup>th</sup> – June 20<sup>th</sup> (4 classes), round hill road tennis courts.

It's time to renew and improve your tennis skills — and your fitness — outdoors this Spring! Each of the 4 classes will focus on a particular skill and includes a warm-up, drills, play, and a cool down. Topics addressed throughout the clinic are movement, stroke production, strategy, as well as balance, flexibility, agility, and strength. Taught in a relaxed atmosphere, this unique clinic is designed for those with some tennis experience and can accommodate a range of skill sets.

**Required equipment:** Tennis racquet; tennis shoes or supportive sneakers; water; large towel (or mat) for stretching; athletic clothing you can easily move in. Limit of 6 students per clinic. All health and safety protocols will be followed.

**FEE: \$80 resident; \$85 non-resident.**

- **MEDITATION, CHI KUNG, AND TAI CHI CHUAN CLASSES**

Come follow the *International Way of the Martial Arts* and discover how to find your inner peace, strengthen your Chi (energy), improve and maintain your overall health, become stronger and more flexible, improve your balance and coordination. Become a new and improved you through Meditation, Chi Kung and Tai Chi.....the International Way!

**Meditation / Chi Kung class**

June 1<sup>st</sup> – June 22<sup>nd</sup> (4 weeks)

Thursdays, 6 – 7 PM

Salem Community Park Pavilion

Residents: \$28, Non-residents: \$33

**Tai Chi class**

June 6<sup>th</sup> – July 25<sup>th</sup> (8 weeks)

Tuesdays, 6 – 7 PM

Salem Community Park Pavilion

Residents: \$45, Non-residents: \$50

**Both Classes:** Residents: \$68; Non-residents \$73

**Minimum:** 6 students; **Maximum:** 12 students

**Instructor:** Ted La Femina, **Bow Sim Mark Tai Chi Arts Association**

Register at: [salem.gov/recreation](http://salem.gov/recreation), e-mail: [recreation@salemct.gov](mailto:recreation@salemct.gov), phone: 860-859-3873 x275.

**SALEM RECREATION DEPARTMENT ACTIVITIES (continued from pp 11)**

● **ROUNDHILL WILDLIFE GARDEN.**

Visit the Roundhill Wildlife Garden at the Roundhill Road Baseball Field, located outside the fence near the playground. Special Thanks to Veronika & her team for volunteering to help beautify the area and support our pollinators. You can also keep up-to-date virtually at by using the following link:

<https://www.facebook.com/search/top?q=roundhill%20wildlife%20garden>.

● **SPRING TINYTYKES SOCCER CAMPS**

**Spring TinyTykes Soccer Camps** – Volunteer Park, Forsyth Road. **Cost: \$90.**

- Cubs: ages 2-3, 9:00 AM-9:45 AM, Lions: ages 4-5, 10:00 AM-10.45 AM.
- TinyTykes Soccer Camp, Tuesdays May 2<sup>nd</sup>-June 6<sup>th</sup>.
- TinyTykes MultiSkills Program, Thursdays, May 4<sup>th</sup>-June 8<sup>th</sup>.



**Information and Registration:** use the following link to go to the Salem Recreation page and look for TinyTykes Soccer Camps: <https://www.salemct.gov/recreation>.

● **FREE SUMMER CONCERTS**

**FREE Summer Concerts at the Salem Community Park Pavilion**, 89 Norwich Road, Thursday, June 29<sup>th</sup> and Thursday, August 24<sup>th</sup>. A family and pet friendly event. Bring your friends, a chair, a blanket, and your dancing shoes.

● **COMING SOON:**

Day Tickets – Good any Day.



Pre-order your tickets by using the following link: <https://www.salemct.gov/recreation/goodanydaytickets>.

To get to the Salem Recreation Commission page use the following link: <https://www.salemct.gov/recreation>.

To get the registration form use the following link: <https://www.salemct.gov/recreation/onlineregform>.

**SENIOR NEWS**

● **Salem Senior Citizens Group**

The **Salem Senior Citizen's Group** boasts a current enrolment of over 129 members. Membership has more than doubled since the beginning of 2022.

● **BINGO**

The next game is scheduled for Thursday June 22<sup>nd</sup>. Cards go on sale from 12:30 to 12:55 PM and the game starts **promptly** at 1:00 PM at the Salem Volunteer Fire Company firehouse. Cost: is \$1 per card, or buy 5 and get the 6<sup>th</sup> card free.

● **Theatre Events and Cruises**

- **Goodspeed Opera House Shows – 6 Main St, East Haddam Ct**

PLAY	DATE	TIME	COST	Deposit	BALANCE DUE
<i>Gypsy</i>	June 15 <sup>th</sup>	2:00 PM		<b>SOLD OUT</b>	
<i>The 12</i>	Thursday October 12 <sup>th</sup>	2:00 PM	\$66.50	\$30	August 3, 2023
<i>Dreamgirls</i>	Saturday December 9 <sup>th</sup>	3:00 PM	\$82.50	\$40	September 30, 2023

- **Terris Theatre, 33 N Main St. Chester Ct**

PLAY	DATE	TIME	COST	MONEY DUE
<i>Here You Come Again</i>	Wednesday, Aug 16 <sup>th</sup>	2:00 PM	\$44.50	<b>SOLD OUT</b>

- **Long Island Ferry New London, CT**

EVENT	DATE	TIME	COST	MONEY DUE
<b>Lights and Sights Cruise</b>	Thursday July 20 <sup>th</sup>	2:00 – 4:00 PM	\$24.75 ages 12 and up \$12.50 11 yrs. and under	<b>SOLD OUT</b>

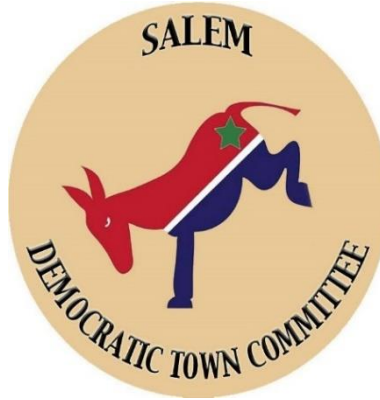
● **Dawn Schumbo of Salem ArtSpace provides art classes after every monthly meeting.**

● **Seniors' Gardening Team Work at the Salem School**

The team will work on the playscapes removing the Mugwort and vines from the fencing. The renovations on the court yard gardens are scheduled for June 22<sup>nd</sup> weather permitting. At that time **Twigs and Sprigs** will be digging out weeds, overgrown grass, and start low maintenance plantings that will revitalize the courtyard for years to come.

**Any questions about the project, please contact Joan Gaynor at [salemtech53@yahoo.com](mailto:salemtech53@yahoo.com).**

*You are cordially invited*



*to a Fundraiser, Potluck Dinner, and  
Silent Auction in support of the  
Salem Democratic Town Committee Candidates  
for the November 2023 Election*



*Guest Speaker*  
**David Bingham MD**

**Sunday, June 11, 2023, from 4 pm to 6 pm**

**At the Historic Bingham Camp**

**490 East Haddam Rd, Salem CT**

**Suggested Donation \$25, Sponsorship Levels: \$150 \$250 \$500**

Visit the SDTC webpage ([salemctdems.org](http://salemctdems.org)) to donate online or mail the form below. (\$5 fee to donate online)

- Yes, I will be able to attend June 11<sup>th</sup> in support of SDTC candidates
- Sorry, I am unable to attend, Enclosed is my donation of \$\_\_\_\_\_

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: \_\_\_\_\_

For more information, call 860 889 3989 or email: [kayzak@hotmail.com](mailto:kayzak@hotmail.com)

Please make checks payable to the SDTC.

Mail to Kay Zak, 294 Hartford Road, Salem, CT 06420